

# STOP

THE SPREAD  
OF GERMS

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Looking for care for your child? Here's a checklist to help you feel confident that your child is healthy and safe in child care. Things to check for at home:

- Has anyone in your home tested positive for COVID-19 and is actively under quarantine? If yes, please keep your child at home for at least 14 days.
- Has anyone in your home traveled out of the state or country in the last two weeks?
- Is everyone in your home free of any COVID-19-related symptoms including: fever, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea?
- If someone in your home had a fever, has he or she been fever free for at least three days/ 72 hours without being given fever-reducing medications?
- If anyone in your home has had an illness or symptoms, have their symptoms improved and has it been at least 10 days since their symptoms first appeared?

To learn more about recommendations and requirements please visit this link:  
<https://www.in.gov/fssa/carefinder/covid-19-coronavirus-guidance-for-oecosl-stakeholders/>

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## Things to ask your early care and education provider:

- Is there a front door drop-off and pick-up procedure in place to limit the number of individuals in the center?
- Is the provider conducting health screenings of team members, children and any visitors upon arrival each day?
- Is the provider complying with statewide mandates for face coverings?
- How is the provider allowing for social distancing, especially during meal times, nap times, in the classroom and on the playground? Social distancing means maintaining at least six (6) feet of distance from other individuals or, in the event six (6) feet of distance is not possible, use of a barrier to separate individuals or members of a single household from others.
- Are groups of children kept together each day with the same teacher to help minimize contact?
- What additional daily cleaning procedures is the provider following? What cleaning procedures is the provider following if notified of a positive COVID case?
- How is the provider limiting the use of shared toys and materials?
- How is the provider teaching children about good hygiene, hand-washing and health?
- How is the provider keeping families up to date of daily activities?
- Does the provider have the required COVID-response plan posted and information readily available?
- Will field trips be allowed?
- What is the program doing for social and emotional learning during this time?

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